

# Run Wild at Dagstuhl!

If you would like to go running we have a suggestion: we mapped a running trail and named it *N Squared* ( $n^2$ ). It starts right here and leads through the woods and hills east of Dagstuhl. The trail is 5km long and climbs over two hills, each about 100m elevated from Dagstuhl. This makes it a short but interesting trail. With the exception of a muddy patch the trail follows hiking trails and a paved bike trail towards the end. Because of the muddy patch we would not recommend taking this trail in rainy conditions (unless you don't mind dirty shoes).

You can find a sketch of the trail below.

**Please understand that running is at your own risk and that we cannot be held liable for any injuries.**

*We do not check the safety or state of repair of the trail. As **there are no signs outlining the trail**, please use a GPS and refer to the Komoot or Strava links below for navigation, the sketch is just intended as an overview and is not a navigational aid.*

**In case of any medical emergency, please phone the general emergency number 112**

Also see here:

<https://www.komoot.de/tour/77903082>

<https://www.strava.com/segments/2408399>

