

# Run Wild at Dagstuhl!

If you would like to go running we have a suggestion: we marked a running trail and named it *N Squared* ( $n^2$ ). It starts right here and leads through the woods and hills east of Dagstuhl. The trail is 5km long and climbs over two hills, each about 100m elevated from Dagstuhl. This makes it a short but interesting trail. With the exception of a muddy patch the trail follows hiking trails and a paved bike trail towards the end. Because of the muddy patch we would not recommend taking this trail in rainy conditions (unless you don't mind dirty shoes).

You can find a sketch of the trail below. The trail is marked with yellow eight-by-eight centimeter sized signs that are attached to trees along the trail. There are eleven of these signs altogether, like the one shown below.

Please understand that running is at your own risk and that we cannot be held liable for any injuries.

**In case of any medical emergency, please phone the general emergency number 112**

Also see here:

<https://www.komoot.de/tour/77903082>

<https://www.strava.com/segments/2408399>

