

	Monday	Tuesday	Wednesday	Thursday
07:30	Breakfast	Breakfast	Breakfast	Breakfast
09:00	Introduction/ planning	Session 3	Session 7	Session 11
10:00	Break	Break	Break	Break
11:00	Topic brainstorming	Session 4	Session 8	Summary / wrap up
12:15	Lunch / hike/free	Lunch / hike/free	Lunch / hike/free	Lunch
14:00	Session 1	Session 5	Session 9	Depart..
15:30	Break	Break	Break	
16:00	Session 2	Session 6	Session 10	
17:00	Summary / next day planning	Summary / next day planning	Summary / next day planning	
18:00	Dinner	Dinner	Dinner	
20:00	Cheese	Cheese	Cheese	